


PERSONAL OUTDOOR PLANFor *Valis Rock Climbing 9 November 2021***PERSONAL DETAILS**

Name: <i>Chris Smart</i> Address: <i>20 Somerset Rd</i> <i>Frome</i> <i>Somerset</i> <i>BA11 1HB</i> DOB: <i>19-12-1963</i>	Photograph 	Travelling with: <i>Kim Holmes</i> <i>Jill Smart</i> <i>Andy Smart</i> Emergency Contact: <i>Abi & Bengi Holmes</i>
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COMMUNICATION DETAILS - TELEPHONE

Owner: <i>Chris</i>	Mobile Number: <i>0700000112</i>	Network: <i>02</i>
Owner: <i>Kim</i>	Mobile Number: <i>0711200000</i>	Network: <i>Vodafone</i>

PLB CARRIED

Owner: <i>Chris Smart</i>	Make & Model: <i>ACR Quick Find</i>	Serial No: <i>886</i>
Hex ID: <i>1D0E7D48C4FFJFF</i>	Registration Info: <i>UK MCQA 9567/08</i>	

MEDICAL CONDITIONS / ALLERGIES / MEDICATION CARRIED*Chris - asthma blue Ventolin Andy - Heart bypass 1998***VEHICLE DETAILS**

Owner: <i>Andy Smart</i>	Make: <i>Ford</i>	Model: <i>Zodiac</i>	Colour: <i>Blue</i>	Plate Number: <i>ML 123 KAF</i>
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MAP INFORMATION

Map Sheet: <i>Frome & Mells 1;50,000</i>	Datum: <i>OSGB</i>
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ACTIVITY PLAN

Start Date: <i>9 Nov 2021</i>	Start Time: <i>10am</i>	Start Point: <i>Valis quarry car park</i>
End Date: <i>9 Nov 2021</i>	End Time: <i>4pm</i>	Finish Point: <i>Valis quarry car park</i>

Leg	From	To	Direction	Distance	Ground Description
1	<i>Valis quarry car park</i> <i>27K 120450</i>	<i>Bridge</i> <i>27K 126450</i>	<i>East</i>	<i>600m</i>	<i>Woodland tracks</i>
2	<i>Bridge</i> <i>27K 126450</i>	<i>Climbing site</i> <i>27K 126455</i>	<i>North</i>	<i>500m</i>	
3	<i>Climbing site</i> <i>27K 126455</i>	<i>Bridge</i> <i>27K 126450</i>	<i>South</i>	<i>500m</i>	
4	<i>Bridge</i> <i>27K 126450</i>	<i>Valis quarry car park</i> <i>27K 120450</i>	<i>West</i>	<i>600m</i>	

EMERGENCY PLAN

Cut-off Date & Time: *5pm 9 Nov 2021*

- 1 - At 5pm on 9 Nov you are to call mobile number 0700000112 to establish the situation.
- 2 - If you cannot get through on that number, call 0711200000 to establish the situation.
- 3 - If you cannot contact us on either number, immediately call 999 (112) and ask for SAR
- 4 - Explain that we are overdue and pass on the information in this POP

Emergency Situation: In an emergency situation, we will:

- 1 - Treat any injuries, get to a safe position, put up an orange tarp. We will:
- 2 - Call 999 (112) and report our situation. (We will inform Abi as the situation permits) and follow all instructions given by the SAR unit.
- 3 - If we do not have a mobile signal, we will operate our PLB.
- 4 - We will stay put.
- 5 - We will signal any searches using a mirror by day and a rescue laser at night.

EQUIPMENT

Personal Equipment	Activity Equipment	Food & Water
First Aid kit	Ropes and gear for a multi pitch climb	4 litres of water each (at start)
Spare clothes	Harness each	Packed lunch each
GPS	Helmets	2 x Flask coffee
Compass, and map of the route	Survival equipment, including signal mirror and rescue laser.	8 x Energy bars

OUTDOOR TRAINING / EXPERIENCE

Andy & Chris are both ex-soldiers with some survival skills training. Kim & Jill are trained first aiders. Kim is a rock leader.